

# ADVENTURES CHILD CARE AND LEARNING CENTER – MENU 1

The listed serving size is appropriate for children 3 - 6 years of age.

Week of: 12/15/2025

Menus written by: Brian Dunn

	SAMS ORDER DUE @ 9AM MONDAY		SAMS ORDER P/U TUESDAY		B&B ORDER DUE WEDNESDAY		B&B ORDER SUBMIT BY 3 PM THURSDAY		B&B DELIVERY FRIDAY	
	Food item	Amount	Food item	Amount	Food item	Amount	Food item	Amount	Food item	Amount
BREAKFAST (7:30 a.m) Fruit or juice	Cuties *(Tods sub Mandarin Oranges)	½ c.	Fresh Cut Melon	½ c.	Blueberries	½ c	Strawberries	½ c.	Banana	½ c.
Cereal or Toast	Whole Grain Cereal	½ c	Biscuit-N-Gravy	½ c	Waffles w/ Syrup	½ c	French Toast Sticks w/ Syrup	½ c.	Egg Bites	½ c
Milk	Milk	4 oz	Milk	4 oz	Milk	4 oz	Milk	4 oz	Milk	4 oz.
A.M. SNACK (9:30 a.m) * #1 Component	Fig Square	¼ c.	Belvita Sandwich	¼ c.	Special K' Bars	¼ c.	Strawberry Oatmeal Bars	¼ c.	Rice Cakes	¼ c.
* #2 Component	Juice	¼ c.	Milk	¼ c.	Juice	¼ c.	Milk	¼ c.	Juice	¼ c.
LUNCH (11:30 a.m) Meat, Fish, Poultry or Eggs, etc.	Pizza Rolls	1.5 oz	Beef-N-Cheese Burrito	1.5 oz	Boneless Chicken Wings	1.5 oz.	Cowboy Casserole	1.5 oz	Chicken Salad Sammy	1.5 oz
Vegetable/Salad	Mix Vegetables *(Tods sub Green Beans)	¼ c	Fiesta Rice	¼ c.	BBQ Baked Beans	¼ c.	Mixed Vegetables	¼ c.	Mix Salad w/ Dressing *(Tods sub Green Beans)	¼ c
Fruit	Pineapple	¼ c	Fruit Salad	¼ c.	Applesauce	¼ c.	Sweet Pears	¼ c	Cutie *(Tods sub Mandarin Oranges)	½ ea.
Bread, Rice, or Pasta	Pizza Dough	½ oz	Tortilla	½ oz	Hawaiian Roll	½ oz	Macaroni	½ oz	Brioche Roll	½ oz
Milk	Milk	6 oz	Milk	6 oz	Milk	6 oz	Milk	6 oz	Milk	6 oz.
P. M. SNACK (2:30 p.m) * #1 Component	Soft Pretzels	¼ c	Pop Corners	¼ c	Sliced Apples *(Tods sub Spiced Apples)	¼ c	Sun Chips	¼ c	String Cheese	¼ c
* #2 Component	Cheese Sauce	¼ c	Juice	¼ c	Graham Crackers	¼ c	Juice	¼ c	Ritz Crackers	¼ c
EVE SNACK (5:00 p.m.)	Mix Snack	¼ c	Mix Snack	¼ c	Mix Snack	¼ c	Mix Snack	¼ c	Mix Snack	¼ c

**Allergy Alert: Parents will be responsible for providing allergy subs for children unless otherwise specified on the menu. If there is any question about ingredients, please stop in the kitchen or office, and someone will be happy to double-check those labels for you.**